

FREE! Coffee News®



"News To Be Enjoyed Over Coffee"
Van Buren/Alma/Mulberry/Cedarville/NaturalDam/Mountainburg/Chester Edition
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Everybody's Talking!

Bee crazy: Travelers to Provincia di Matera in the southern part of Italy can now get up close and personal with bees. Airbnb owner Rocco Filomeno has found a way to incorporate bees into his accommodation. Calling his place an "air bee and bee," the host offers a one-room house that sits amid nine apiaries. The high ceiling of the wooden structure has a glass hive through which guests can watch a colony of bees hard at work. They can go to sleep at night hearing the soft buzzing and smelling the gentle scent of the bees and their honey. The accommodation is situated on Filomeno's olive farm near the village of Grottole.

Look-alike: Arthid Duangsri of Chiang Rai, Thailand, sported long hair and a beard in his younger years. Now, the bulked-up, bald man is well known as the Thai Vin Diesel, the Hollywood star from the *Fast and Furious* movie franchise. The fan started to transform himself into that movie's Dominic Toretto character almost a decade ago when a friend suggested he could pull it off. So he shaved his head and began working out in a gym. Today, he looks so much like Vin Diesel that people stop him in the street and ask for photographs. His brother even helped him to soup up a car to resemble the one that Dominic Toretto drives in the movies.

Dog business: A pair of animal lovers in Skagway, Alaska (U.S.), has found a way to bring the dog community together in this small mountain town. The married couple, Mo and Lee Thompson, are available to pet sit, train, and walk people's pooches. They use an intriguing way to make their rounds, picking up the dogs at their residences on a small bus. The dogs are so well trained that, after waiting patiently in their yards, they hop on the bus, greet their dog pals, and then jump up on their assigned seat to be harnessed in for the ride to the dog park. The business grew quickly for the Thompsons, who are thrilled to be involved with such a rewarding undertaking.

Keep running: Running a marathon or completing an Iron Man triathlon is a tough feat, even for someone who is in topnotch health. But an Australian man named Russell Winwood has proven that, with effort, a difficult diagnosis can be overcome to live a dream. Winwood has chronic obstructive pulmonary disease (COPD), which makes breathing difficult because it negatively affects his lung capacity. However, the Brisbane man worked on improving his respiratory fitness by training, eating well, and consistently taking his prescribed medication. Today, he runs full marathons around the world. He wears an oxygen tank on his back and runs with a partner.

Quoteable Quotes

"Nothing haunts us like the things we don't say."
 —Mitch Albom
 "When someone shows you who they are, believe them the first time."
 —Maya Angelou

What's Happening

July 17th-29th Mountainburg Library-Food Donation Drive Items go to the Mountainburg Blessing Box
 July 28th CCLS-Mtnbrg- Arkansas Natural Heritage Commission-Arkansas Bats n Cave Life 3:30PM
 July 28th CCLS-Alma Public Library-Babies & Me Storytime 10:30AM- Bingo for Books 4PM
 July 29th CCLS-Alma Public Library- Storytime and Kraftivity 10:30AM
 July 29th CCLS-RalphD Graf Mulberry- Saturday Summer Reading Party- 11AM
 July 29th Mountainburg Library 2023 End of Summer Reading Party Community Ice Cream Social
 July 29th CCLS-Mtnbrg- Teen Game Day 10AM and Storytime & Kraftivity 11AM
 July 29th Van Buren Library-2023 End of Summer Reading Party-Alma Aquatic Park- 7PM to 9PM
 July 29th Alma Farmers Market-522 Fayetteville Ave 8AM to 11AM
 July 29th Chester Farmers Market- Chester- 120 South Wright Street 8AM to 11AM
 July 29th Rudy Depot Farmers Market- Every Other Saturday 503 Old School Way RUDY 8AM to Noon
 July 31st CCLS-Cedarville-Yoga 9AM
 July 31st August 4th CCLS-Alma-Aerobics-Monday through Friday 8:45AM
 July 31st CCLS-Alma-Free Stringed Instrument Lessons 3PM
 July 31st CCLS-Van Buren- Walk N Stretch 9:30AM Little's Social Hour 10:30AM
 July 31st CCLS-Van Buren-Monday Matinee 1:30 PM
 Aug 1st CCLS-Van Buren- Baby and Me 10:30AM
 Aug 2nd CCLS-Van Buren- Toddler Storytime 10:30AM Games & Gab 1:30PM
 Aug 2nd CCLS-Van Buren -Kid's Craftroom 1:30 PM
 Aug 1st CCLS-Alma- Teen Time 3:30PM Friends of the Library 4:30PM
 Aug 1st CCLS-Mountainburg- Free Stringed Instrument Lessons- 3:45PM
 Aug 2nd CCLS-Mountainburg- Free Play Board Game- 3:30PM
 Aug 2nd CCLS-RalphD Graf-Mulberry-Book Club 10AM
 Aug 3rd CCLS-RalphD Graf-Mulberry-Storytime 10AM
 Aug 3rd CCLS-Mountainburg-Storytime 10AM
 Aug 5th CCLS-Mountainburg-Teen Game Day 10AM Adult Painting Party 10AM
 Aug 5th CCLS-Mountainburg- Storytime & Kraftivity 11AM
 Aug 2nd CCLS-Cedarville-Yoga 9AM
 Aug 3rd CCLS-Alma-Storytime- 10:30AM Kid's Craft 4PM
 Aug 3rd CCLS-Van Buren- TNT Tween N Teen 3:30PM American Sign Language 6PM
 Aug 4th CCLS-Alma-Babies & Me Storytime 10:30 AM Karaoke 4PM
 Aug 5th CCLS-Alma- Storytime and Kraftivity 10:30AM
 Aug 5th Farmers Market Events- Cities of Alma 7AM-1PM Chester 8AM TO 11AM, Mountainburg Cedarville 7:30 to Noon
 August 5th Junk In The Trunk Event- Every First Saturday-Hwy 65-Booth Spaces free to set up -Call Linda 501-757-1725
 Upcoming-Sept 30thTBC Car Show-Trinity Baptist Church-5020 71 North Alma-11AM-3PM

Trivia

1. Construction of the Cathedral of Notre Dame began in 1099, 1163, or 1812?
 2. An arcade, arch, or balustrade is a series of arches supported by columns?
 3. Obsidian is an igneous, metamorphic, or sedimentary rock?
 4. What is a piece of land almost completely surrounded by water?
 5. A niddy noddy is a tool to wind yarn into skeins—T/F?
- (Flip bottom of page for answers)

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Shawna Crofford
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Your Weekly Horoscopes

ARIES
(March 20 - April 19)
 At midweek, you may be particularly ambitious about achieving your objectives. However, be careful of being overly aggressive with others in the process. Instead, try to work toward a win-win. Lucky numbers: 11, 17, 19, 21, 29, 47.

TAURUS
(April 20 - May 20)
 The Taurus-born are usually conservative in risk taking. But now you may have a strong desire to do something big and bold. Before acting, consider the potential risks and rewards. Lucky numbers: 13, 17, 24, 31, 34, 40.

GEMINI
(May 21 - June 20)
 Your ambition level might be high right now, supported by an easy energetic flow. This might be a good time to start new creative endeavors outside of your comfort zone. Lucky numbers: 2, 7, 25, 28, 34, 37.

CANCER
(June 21 - July 21)
 Cancers don't usually bring attention to themselves and their accomplishments. Now may be a good time to find a hidden opportunity that could encourage you to do so. Lucky numbers: 12, 18, 22, 23, 42, 43.

LEO
(July 22 - Aug. 22)
 Are you of two minds right now about an important decision? Developing a list of the pros and cons may clarify your choice. Otherwise, perhaps wait a few days to decide. Lucky numbers: 4, 6, 10, 23, 42, 45.

VIRGO
(Aug. 23 - Sept. 22)
 Virgos like to focus on achieving concrete results. Midweek, you may have the opportunity to expand your endeavors into developing deeper relationships. Accepting this challenge is your choice. Lucky numbers: 5, 9, 12, 16, 17, 41.

LIBRA
(Sept. 23 - Oct. 22)
 Is there something you want to do but haven't, maybe for fear of upsetting someone? At the end of the week, you might find the courage to do so anyway. Lucky numbers: 6, 17, 21, 26, 37, 43.

SCORPIO
(Oct. 23 - Nov. 21)
 Do you feel that others are putting obstacles in your path right now? Is there a resolution that you could offer that does not compromise your values and sense of self? Lucky numbers: 14, 17, 28, 33, 46, 48.

SAGITTARIUS
(Nov. 22 - Dec. 20)
 Things may be flowing easily for you right now. If so, are you giving your maximum effort to achieve your objectives? If not, are those goals truly what you want? Lucky numbers: 1, 12, 14, 22, 23, 35.

CAPRICORN
(Dec. 21 - Jan. 19)
 Capricorns often vigorously defend tradition and stability, even to their detriment. Consider asking yourself where you can make an adjustment in viewpoint without abandoning your values or authentic self. Lucky numbers: 15, 18, 24, 25, 31, 47.

AQUARIUS
(Jan. 20 - Feb. 18)
 This may be a good time to review your efforts over the last six months. Complete anything that needs to be wrapped up, but consider holding off on starting new projects. Lucky numbers: 7, 12, 15, 24, 34, 41.

PISCES
(Feb. 19 - March 19)
 Your Pisces connection to the ethereal realm may be particularly strong now. If you feel discouraged at the end of the week, seek out allies who can help lighten your mood. Lucky numbers: 3, 4, 14, 25, 31, 42.

Lucky numbers this week: This week's odds favor Gemini winners with the luckiest number being 37.

Did You Know...

Heightened status: The Grand Canyon in Arizona (U.S.) became a National Park in 1919, while an original, smaller version of today's Grand Teton National Park in Wyoming received that status in 1929.

Long horns: A spider that looks scary but won't hurt humans is the long horned orb-weaver (*Macracantha arcuata*). Its distinguishing feature is the presence of two spiny "horns" that grow from its sides.

Moon time: The planet Mars has two moons, Phobos and Deimos. Phobos is close to the planet's surface and completes three orbits in each Martian day, which is about 17 minutes longer than an Earth day.

Ear movement: Not many people can move their outer ears back and forth, like a cat. However, humans have three auricular muscles that some folks are able to voluntarily engage, making for an interesting trick.

On TV: The first, full National Hockey League game on TV was on February 25, 1940, on New York's W2XBS, an experimental station. The station's 300 subscribers watched the New York Rangers beat the Montréal Canadiens, 6-2.

On the Lighter Side

Customer: Do you have a camouflage jacket?
 Clerk: We have dozens but I can't find them.

How does a clock put on its gloves? One hand at a time

Electric company sign: "We'd be delighted if you pay on time. If not, YOU will be de-lighted."

Knock! Knock! *Who's there?* Byte. *Byte who?* Byte you're happy to see me again!

The ship's captain had to dock in a very tiny space. He was under a lot of pier pressure.

Answers

Trivia answers: 1. 1163 2. Arcade 3. Ignacious 4. Peninsula 5. True

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