

New Issue Every Week!

FREE! Coffee News®

"News To Be Enjoyed Over Coffee"

Crawford County Edition
713-259-1352



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Everybody's Talking!

Elderly runner: Most octogenarians have reached an age when they slow down a little. Not so for Barbara Humbert, an 80-something-year-old great-grandmother who ran 125 kilometers (78 mi.) in 24 hours. The elderly woman from Val d'Oise, France, competed in the French Championships in Brive-la-Gaillarde, and she broke the record for her age group. Humbert is not new to running. She started when she was in her 40s and has run many races over years, including 54 marathons. She usually runs 45 kilometers (28 mi.) per week. Although she has had a few minor injuries over the years, she managed to maintain her training, which gives her much more flexibility than many women of her age.

Lonely tree: A tree in Thailand has been dubbed the country's "loneliest tree." It grows on a tiny rocky islet called Koh Khai Hua Roh, which is just large enough to hold the tree and four or five people. Tourists can view it off the east coast of the country in Trat Province. A taban tree (*Xylocarpus ramphii*), this unique specimen can survive in the salt water that surrounds it on all sides. Social media has popularized the site, and many tourists visit to sit in the tree's branches and take photos. All of this traffic has caused damage, so the local administration is taking steps to curb visitors.

Name change: A promotion by a sushi restaurant chain in Taiwan convinced some people to legally change their names to include the word "Salmon." If people were willing to make the change, they were given great deals at the restaurant, such as free, all-you-can-eat sushi dinners for five diners. Many of the takers changed their names back to their original monikers, but government officials were not impressed. They said the promotion wasted employees' time and resources. Taiwan allows people to make up to three legal name changes, so the sushi-lovers will need to keep a count of their changes so they don't get stuck with a fishy name.

Contemporary art: "Stained Glass Geek" is the nickname that a Dutch artist has given himself. Arjan Boeve boasts an art degree and dabbled in many forms of artistic expression before landing on stained glass as his main medium. But there is a difference between his work and the traditional type of stained glass pieces that beautify churches and homes. His slant is as modern as it gets because he uses pop art as his muse. For example, video game and cartoon characters find their way into his work, and he has done a series on eggs breaking out of their shells. Boeve hopes his work will inspire other glass artists to create contemporary pieces.

Quoteable Quotes

"Who you are surrounded by often determines who you become." —Vicky Saunders

"For small creatures such as we, the vastness is bearable only through love." —Carl Sagan

What's Happening

July 15th Ralph D Graf Mulberry Library-D&D Pathfinder 11AM
July 15th Annual Dumpster Event Keep Van Buren Beautiful-2804 So 28th Van Buren 8AM to Noon
July 15th Chester Farmers Market 8AM to 11AM
July 15th Van Buren- Lowe's Improvement Store-Kid's DIY-U Workshop-Tic Tac Toe Grill Game-Kids Build a Toy Grill that doubles as a Tic Tac Toe Board
July 17th-29th Mountainburg Library-Food Donation Drive Items go to the Mountainburg Blessing Box
July 17th-22nd Crawford County Library System-Alma- Aerobics for Adults M-F 8:30AM-July 17th Kids Free Stringed Instruments Lessons 3PM; July 18th TeenTime 3:30PM BookTalk 6PM; July 20th Storytime 10:30AM and Kid's Craft 4PM; July 21st Babies and Me Storytime 10:30AM; July 22nd Saturday Storytime & Kraftivity 10:30 AM
July 17th CCLS-Van Buren-Walk N Stretch 9:30AM; Little's Social Hour 10:30AM; Monday Matinee 1:30PM July 18th Baby and Me 10:30AM
July 17th 22nd CCLS-Ralph D Graf Library- July 17th D&D 2PM; July 18th Chess Club 3PM July 19th Ralph D Graf Library-Fishing Clinic 10AM July 20th Storytime 10AM; July 21st Kinders 11AM
July 17th CCLS-Cedarville-Yoga 9AM
July 18th CCLS-Mountainburg-Arkansas Critters- 3:30 PM and Free Stringed Instruments 3:45PM
July 19th CCLS- Mountainburg-Mr Jeff Science 1PM- Free Play Board Games 3:30 PM
July 19th CCLS Van Buren-Toddler Storytime-10:30AM; Games and Gab! 1:30PM; Kids Crafternoon 1:30PM
July 19th CCLS-Cedarville-Yoga 9AM and Kids SRP-Gardening 1PM
July 20th CCLS-Cedarville-Arkansas Air and Military Museum 1PM and Book Club 2PM
July 20th CCLS-Mountainburg-StoryTime with Dr Debbie Atwell-Mntnrg PS Superintendent 10AM
July 20th CCLS-Van Buren-Card Class 11:30AM; TNT 3:30PM & American Sign Language 6PM
July 21st CCLS-Van Buren-Bingo for Books 10:30AM Scrapbooking at Noon
July 21st CCLS- Mountainburg-The Kinders Song Experience with Brian and Terri 1:30 to 3PM
July 22nd CCLS-Van Buren- Saturday Scrapbooking 10AM
July 22nd CCLS-Mountainburg- Teen Game Day 10AM
Upcoming-July 29th Mountainburg Library 2023 End of Summer Reading Party Community Ice Cream Social

We want to know what's happening with you! If you have information about an upcoming event or activity for your club, school, church or non-profit organization, please call us at 713-259-1352 or e-mail us at coffeenewsfrivervalley@proton.me. (Please allow 3-4 weeks prior to the event.)

Trivia

1. A frog is a vertebrate—T/F?
2. South Sandwich Trench is in the Atlantic, Pacific, or Indian Ocean?
3. Is Ami du Chambertin a type of cheese or wine?
4. The village of Muff is in Norway, Germany, or Ireland?
5. Is flint corn named for the stone or the city of Flint, Michigan (U.S.)?

(Flip bottom of page for answers)

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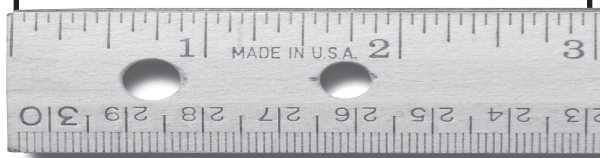
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Shawna Crofford
Publisher



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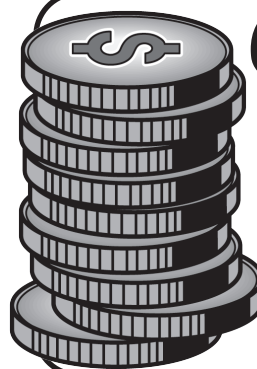
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